

Studying at Home - Preparing for Assessments

Ensure that you understand how you will be assessed for each course and prepare as fully as possible.

Study smartly tips:

- Revise and study in advance for all types of assessments, prepare well in advance.
- Find a place to work where you are comfortable and productive.
- Be organised. Make sure that you know what you need to study, then prepare and follow a study plan. Ensure that you include time to sleep, eat and take breaks. You may find useful advice on getting a good night's sleep at <u>The Sleep Scotland Website</u>.
- Make sure you have gathered all the resources you need, e.g. VLE resources, coursework information, notes, reading lists, past papers, etc., well in advance of your exam dates.
- Think about how you will organise your time. There are many effective methods available. Map your time to your study plan and include eating, sleeping, taking breaks, and revising and preparing for assessments and exams.
- Make sure you divide your revision time appropriately and effectively across all your exam subjects.
- Use a range of tools and strategies that suit your learning style.
- Summarise and sort your notes and other resources.
- Save your references.
- Try to be selective and learn what you really need to learn.