

"Experience Counts" **Making That Transition** "College was more rigid, but at



"We could talk to our mentors and people who had done the same course and come from College as well"



"Some of my peers had more background knowledge"



Is there a way to overcome the challenges of transitioning?

A Phenomenological Study in to the Real Life **Experiences of Transitioning**

Phenomenology is the philosophical name for the method of investigating or inquiring into the meanings of our experiences as we live them.

Any experience whatsoever can be studied phenomenologically via subjects' reflections on their lived experiences.

Lived experience is pre-reflective in that it is experience as we are in it, live through it—while not, or not yet, reflecting on it, or making sense of it, or theorizing about it.







"I'm now more autonomous and expected to do a lot more for myself"





"It took a couple of months to settle in and get a feel for what was required of you"





"Suddenly at University I was in lecture theatres with lots of other students'





This project takes several University students who have directly experienced what it is like to transition from a non-traditional background in to Higher Education.

The output of this project is a 7 minute long video which reveals the meanings each of these students have attached to their experiences.

You are invited to watch the video and see how they experience the challenge of transitioning, how they overcame these challenges, and eventually what opportunities opened up for them because they made that transition!

"I now have a passion for learning"

"I choose my meetings with my mentors"