Support Contacts for Gender Based Violence

In an emergency call 999

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<th>Specialist and confidential support is available from:</th>
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Search **Rape Crisis Scotland** or call **0808 801 0302** (daily 18:00-0:00)

Visit **Scotland domestic abused and forced marriage helpline:**
[www.sdafmh.org.uk](http://www.sdafmh.org.uk) or call: **0800 027 1234**

**LGBT+ people** can search **Galop** or call **0800 999 5423** (various times weekdays)

Men can search **Men’s Advice Line** or call **0808 801 0327**
(Mon-Fri, 09:00 – 17:00)

Muslim and BME women can search **AMINA** or call **0808 801 0301**
(Mon-Fri, 10:00-16:00)

Staff and students at Heriot-Watt can:

- Contact Student Wellbeing Services at
  [studentwellbeing@hw.ac.uk](mailto:studentwellbeing@hw.ac.uk)
- Use the SafeZone App to contact Safeguarding Services 24/7
- Use Report It
• Use the Big White Wall: www.bigwhitewall.com using your Heriot-Watt email address