

Welcome to the latest Psychology newsletter

February 2020

In this month's newsletter, you'll find the regular updates on our activities, from learning and teaching achievements, new grants and publications, to the conferences and outreach events we've been part of.

To keep up to date with the latest news from the team as it happens, follow us on Twitter [@HWPsych](#) or find us on [Facebook](#).

Links: [Social Sciences](#) | [Psychology](#) | [Twitter](#) | [Facebook](#)

The newsletter displays best on tablets (PDF attached also).



Follow our updates on Twitter [@HWPsych](#)

Forthcoming events

Research Seminars/Events

- Allison Bielak (Colorado State)

16 March, EBS North Pod

[Details](#) | [Speaker profile](#)

- Catherine Crompton (Edinburgh)

23 March, EBS North Pod

[Details](#) | [Speaker profile](#)

- PhD Conference

1 April, EF26

[Details](#)

Full **Psychology Research Seminar** details are available on [Facebook](#).

Research showcase

Although it might feel like the year has only just started, we're already halfway through the latest teaching semester. To all our students in Edinburgh, Dubai and Malaysia: keep up the good work!

This month, we hosted our annual Psychology Research Showcase. The event was about sharing and celebrating the research and engagement activities that our colleagues in Edinburgh, Dubai and Malaysia have been taking part in. The whole team have been busy over the past year, conducting research across our three main themes: Cognition, Brain & Behaviour; Lifespan Health & Wellbeing; Work, Society & Environment.

The showcase closed with a poster and hands on activity session. We were delighted that colleagues from across the Schools and Research and Engagement Directorate attended the event, as well as the Principal. Thanks to everyone who contributed to the showcase, and to our colleagues and students who attended. You can find out more about our activities throughout the year in these monthly newsletters (check out the newsletter archive here <https://www.hw.ac.uk/schools/social-sciences/psychology/newsletters.htm>).



In the news

The Guardian: [Fail productively... how to turn yourself into a super-learner](#)

Latest publications

Each new paper is accompanied by a brief and accessible summary. Just search #HWPsychResearch on Twitter, or look in the "Our latest research" album on our Facebook page: <https://facebook.com/pg/HWPpsych/>.



Our latest publications are listed here, but you can find a full list via the [Heriot-Watt Research Portal](#).



Conferences and outreach

Our Psychology Research Seminars continue throughout the semester; event details for the next seminars are above, with a fuller list available on [Facebook](#).



In addition, it has been a very busy month for our team in terms of novel outreach and engagement events. For example, last month we shared a story about an event held in collaboration between colleagues in Dubai and 4get-me-not Alzheimer's Association ([news](#)). There's now also a short video about the event which can be viewed at <https://twitter.com/i/status/1221690642272784385>.

Also in Dubai, Cakil Agnew participated in a workshop at the Bentley Institute Digital Advancement Academy, contributing to discussions on Health and Safety issues related to construction. As part of the MSc Business Psychology programme, Lucy Bolton hosted Sarah Christensen, an Occupational Psychologist who delivered a session on gender and inequality in the context of Flexible Working and Propel International who ran a session on Psychometrics.

In Malaysia, a group of 30 psychology students and members of the team visited Diveheart Malaysia to learn more about PADI Adaptive Techniques Specialty Course. The focus was on increasing awareness of varying abilities and exploring adaptive teaching techniques to apply when training and diving with people with different needs. Our students had a hands-on opportunity to practice the techniques and skills required to assist people with disabilities going in and out of the water.

In Edinburgh, our Psychology in the Pub events got underway with a well-attended session led by Anna Sedda on Disgust for Dummies. We hope to run another event later in March. Thusha Rajendran also appeared at The Stand Comedy Club as part of a Cabaret of Dangerous Ideas triple-bill. And finally, Alan Gow led a session on lifestyle and brain health as part of Wellbeing Week, and took part in filming for a new BBC Horizon programme on intelligence, due to be broadcast later in the year.

Student voice

In "Student voice", we hear from our students. Every contribution is different and we're looking for input for the next few months. The pieces can be from individual students, groups or societies, and can be about any aspect of your studies or activities outside of university that would be relevant to our staff and students. If you have something you'd like to share, get in touch with [Alan Gow](#).