

## Welcome to the latest Psychology newsletter

February 2019

In this month's newsletter, you'll find the regular updates on our activities, from learning and teaching achievements, new grants and publications, to the conferences and outreach events we've been part of.

To keep up to date with the latest news from the team as it happens, follow us on Twitter [@HWPsych](#) or find us on [Facebook](#).

Links: [Social Sciences](#) | [Psychology](#) | [Twitter](#) | [Facebook](#)

The newsletter displays best on tablets (PDF attached also).



Follow our updates on  
Twitter [@HWPsych](#)

## Halfway there...

Although it might feel like the year has only just started, we're already halfway through the latest teaching semester. To all our students in Edinburgh, Dubai and Malaysia: keep up the good work!

We're also pleased to announce applications are now open for up to two PhD Scholarships to commence from September 2019. The scholarships are available across our three research themes: Cognition, Brain and Behaviour; Lifespan Health and Wellbeing; and Work, Society and Environment. Full details can be found at <https://www.hw.ac.uk/study/scholarships/phd-scholarships-disability-inclusion.htm>, and the closing date for applications is 15 March.

And don't forget to register for our annual Psychology Research Showcase being held on 20 March (details below).

## Forthcoming events

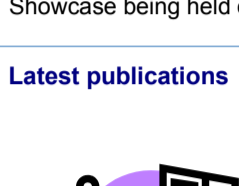
## Research Seminars/Events

- Mark Elliot (U. Manchester)  
27 February, PG304  
[Details](#) | [Speaker profile](#)

- What Keeps You Sharp?  
17 March, Glasgow Comedy  
Festival  
[Details](#) | [Tickets](#)

Full Psychology Research Seminar details are available on [Facebook](#).

## Latest publications



Our latest publications are listed here, but you can find a full list via the [Heriot-Watt Research Portal](#).

## In the news

## Research updates and funding

## Student voice

## Conferences and outreach

## Learning and teaching

## Meet the team

## Team news

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## MSc programme in Dubai receives International Coach Federation approval

## Life of Brain: Lifestyle choices that benefit brain health

## Rajendran, G., Aylett, R., Fallon, T., Minnis, H., &amp; Stone, R. Test Play – Developing and testing a new computer role play programme as a research, clinical and educational tool. EPSRC Impact Acceleration Award, £30,280.

In "Student voice", we hear from our students. Every contribution is different, so if you have something you'd like to share, get in touch with [Alan Gow](#). This month, we hear from the Psychology Society at the Dubai campus.

## By Dubai Psychology Society: Every year, the Psychology Society proposes itself as a fundamental part of the student experience within the Psychology department. As representatives, we pride ourselves on the efficiency we have instilled in our team, and the many events we have provided for our fellow students.

We always start the new academic year by holding an Icebreaker for all of our students, thus giving freshmen the opportunity to socialise and ask questions if need be. The **Mental Health Awareness Campaign** has been one of the bigger events the society representatives created, held yearly in order to help in dismantling the stigma that comes with mental health, as well as providing resources for students in need. We also created **PsychxTalks**, in which students and professors alike can come and give a talk on topics that are of interest in the field of psychology, and similarly, we often invite licensed psychologists to come and give talks on their expertise to better guide our students in their career choices.Moreover, we have held **PsychxGames** to provide our students with an outlet to unwind whilst still using concepts in psychology and making them fun. Another one of our bigger events has also been **PsychxExhibition**, in which mini experiments are done by students and presented to the wider body of students within the campus. Finally, we hold pride in our own **PsychNewsletter**, where knowledge on new topics can be shared and sent to the entirety of the psychology department in the Dubai campus. We market all of our events through our Instagram page ([@psychsoc1](#)) and it has allowed for a gained attraction, even by students outside of the psychology department. Our team is hardworking, creative and consistently aims for the betterment of the psychology students' experience.HWUDC Psychology Society Instagram - [HWUDC Psychology Society](#)Our Psychology Research Seminars have restarted; event details for the next seminars are above with a fuller list on the [Facebook](#) page, including our Psychology Research Showcase on 20 March. Presentations at the Showcase will cover our past, present and future research, as well as our public engagement activities and there will be the opportunity to view research posters and meet our team. The event is free, but please [register](#).

## In January, a coaching skills workshop was run in Dubai with guest speakers from du (Emirates Integrated Communications Company), one of the largest telecom operators in the UAE. Ruwan Wanigasekera and Lucy Fairclough, both Business Psychologists, led the coaching team in the organisation and came to share their expertise on in-house coaching and developing a coaching culture in the region.

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