

EmPOWER

PROGRAMME

WATT

(Knowing and Leading Self)

- Compulsory for Year 1 students
- Focus on developing self-awareness, mental resilience, positive mindset and communication skills
- Discover purpose through Impact Statement

KILOWATT

(Leading Teams)

- Develop leadership and people skills
- Lead projects, events and extra-curricular activities on campus

MEGAWATT

(Leading Communities)

- Aim to make a positive impact on communities
- Create awareness towards global challenges and volunteer for a cause
- Enhance social and economic capital

GIGAWATT

(Leading Enterprise)

- Aim to create jobs and raise funds through social entrepreneurial ventures
- Create global impact

EmPOWER PROGRAMME

EmPOWER is an innovative programme that encourages its students to hone their soft skills. It is a four-level structured programme that is aimed at future-proofing graduates, to unleash their potential and to prepare them to stand out and have an impact in a highly dynamic world.



Emotional Intelligence, Resilience and Happiness



Global Citizenship, Leadership and Impact



Employability and Industrial Relevance

4-level Structured Programme Anchored by

6 Developmental Domains

People Skills



Creativity, Innovation and Entrepreneurship



Critical Thinking and Decision Making



Global Citizenship, Leadership & Impact



Emotional Intelligence, Resilience & Happiness



People Skills



Creativity, Innovation and Entrepreneurship



Critical Thinking and Decision Making



Employability and Industrial Relevance

Watt
Knowing and Leading Self

- Defining Impact (Impact Statement)
- Leadership style awareness

- Self awareness
- Self management
- Active & healthy lifestyle

- Effective communication
- Time management
- Gratitude

- Divergent thinking
- Facilitating discovery
- Opportunity finding

- Brainology
- Thinking biases
- Brain neurology
- Reframing & positive framing

- Preparing CV
- LinkedIn profile
- Career planning
- Career fair
- Prof. dev. plan

Kilowatt
Leading Teams

- Influencing through impact
- Awareness of the global challenges

- Social awareness
- Relationship management
- Return on failure

- Effective collaboration

- Lean startup
- Creating products, processes & service

- Evaluating claims
- Analysing inferences

- Business etiquette
- Applying knowledge in industrial contexts

Megawatt
Leading Communities

- Widening impact
- Resolving ethical challenges

- Leading at the happiness project

- Negotiation, mediation & persuasion

- Financial literacy
- Appreciating market & customers
- Raising funds

- Weighing decisions
- Analysing challenges

- Global industrial placement (work global)
- Creating opportunities for industrial networking
- Integrating commercial and industrial context to address community needs

Gigawatt
Leading Enterprise

- Global impact
- System thinking

- Supporting those under their care emotionally

- Lifelong learning

- Running an enterprise
- Blue Ocean strategy

- Assessing risk

- Impacting industrial practice
- Creating jobs

Programme Structure

▶ **Watt Level** is offered through "MPU3422 Self-empowerment and Social Responsibility I and II" (Y1)

▶ **Power talk sessions** are conducted by internal or external speakers

▶ **Focus on how the brain works, growth mindset, emotional intelligence and character strengths self-assessment test**

▶ **Guided to find life purpose and craft an Impact Statement**

▶ **Personalised progression** through the Kilowatt, Megawatt and Gigawatt levels

▶ **Must gain 1000 EmPOWER Points** to complete each level

▶ **Certificate and EmPOWER Record of Achievement** are awarded after completion of programme

Students Testimonial



Maisarah Khairil Mubin

- ▶ Bachelor of Science - BS, Quantity Surveying (Class of 2021)
- ▶ Quantity Surveyor (Project Executive) at KPK Quantity Surveyors Sdn Bhd - AECOM, Kuala Lumpur

I feel privileged to have been part of the inaugural group of students in the EmPOWER programme, which was launched in early 2019. One of the primary goals of the programme was community service, and my fellow cohort members and I were motivated to participate in impactful projects.



Ooi (Jack) Teng Hao

- ▶ Master of Engineering - MEng, Mechanical Engineering (Class of 2021)
- ▶ Digital Graduate (Software Engineering) at BP, Kuala Lumpur

One of the key features of the EmPOWER Programme is its ability to enable me in defining my purpose and directing it towards my actions. Having a background in engineering, aligning my actions with the programme significantly.



Darmes Ganesan

- ▶ Master of Engineering - MEng, Petroleum Engineering (Class of 2022)
- ▶ Subsea Services Engineer at TechnipFMC, Kuala Lumpur

The EmPOWER Programme has proven to be an invaluable asset in navigating this transition. Engaging in a myriad of events and activities alongside my engineering cohort has facilitated meaningful interactions and connections with some of the brightest minds.

NGO Testimonial



Datuk Nicol David
Executive Team & Head Coach

The EmPOWER programme has raised funds for the Nicol David Organisation to support in the execution of our Little Legends programme. The funds will enable NDO to provide Squash and English lessons to the benefited children. The partnership has played a great role in supporting our mission and in giving back to the community. It's a great initiative for young students to find ways to be resourceful and connect with others to help and be more proactive to raise awareness of social issues and good initiatives happening in Malaysia



Kudzai Charlton
Head of Education & School Principal
Fugee School

Fugee Org exists to foster and expand refugee education and access to it. Thanks to the EmPOWER program's contribution and compassionate support, we are able to provide an environment where our students find hope and discover opportunities. We strongly believe that empowering our students by equipping them with the support and resources needed to help them build their futures and thrive in a high-quality education is absolutely momentous. Equal access to quality education is key to breaking the cycles of poverty and inequality, as it protects and saves lives

Employer Testimonial



Ainol Yaacob
Head of Transformation - Finance,
Khazanah Nasional Berhad

The EmPOWER Programme enables students to be in charge of charting their developmental needs and becoming intentional lifelong learners and will definitely make Heriot-Watt University graduates both highly employable and future-ready.



Muhammad Azmi Zulkifli
CEO, Invest KL

The EmPOWER Programme is certainly a great initiative by Heriot-Watt University Malaysia to prepare graduates to be industry-ready. Students will be shaped to think about the greater purpose with focus on soft skills that are fundamental when joining the workforce. Employers are looking for that differentiating factor in today's disruptive business environment. A structured programme such as this will be beneficial to increase students' employability.



Sarah Deverall
Director,
British Council Myanmar

I am delighted to see the EmPOWER Programme promoting global citizenship and a comprehensive set of 21st Century skills amongst the students of Heriot-Watt University Malaysia. The Programme will go a long way towards making them not only highly employable but also highly impactful citizens of the world.

EmPOWER Impact

Heriot-Watt University Malaysia's EmPOWER Programme through its framework of domains and levels that focus on Global Citizenship, Leadership and Impact, Emotional Intelligence, Resilience and Happiness, People Skills, Critical Thinking and Decision Thinking, Creativity, Innovation and Entrepreneurship and Employability and Industrial Relevance in order to lead self, teams, communities and enterprises coupled with IMPACT initiatives such as the IMPACT Statement Workshops and IMPACT Projects stand as a testament to our endeavour in ensuring our education tenant is Driven By Purpose. Having galvanized close to RM 200,000 in funding over two years. This initiative not only demonstrates HWUM's dedication to fostering social capital and advancing research but also aligns with the United Nations' Global Goals, contributing significantly to Malaysia's social capital ecosystem.



THANK YOU FOR YOUR SUPPORT!

This achievement underscores the invaluable support of individuals like yourself who are committed to collectively drive purposeful changes.

RM 100,031

TARGET : RM 100,000

Through collaboration with esteemed partners such as Exxon Mobil, BASF Chemicals, Malaysian Federation of the Deaf, Malaysian Association for the Blind, Malaysian Mental Health Association, Nicol David Organisation, Teach For Malaysia, MERCY Malaysia, Lang Tengah Turtle Watch, and others, the EmPOWER Projects have tackled critical areas including employability, mental health, environmental conservation, social development initiatives and education. These efforts showcase the transformative potential of purpose-driven education in promoting societal progress and underscore HWUM's role in driving meaningful impact both locally and globally.



As a proud ACT4SDG contributor, EmPOWER is pivotal in realizing the aspirations of Malaysia in achieving its goals, embodying the "Driven By Purpose" ethos that is synonymous with HWUM's mission.



SCAN TO FIND OUT MORE ABOUT OUR EMPOWER PROGRAMME

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Open for consultation:
Monday to Friday (9am - 5pm)
and Weekends (10am - 4pm)
except Public Holidays

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