How can employment outcomes be improved for autistic adults? (Ref. SoSS-2020-019)

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Employment is important to developing independence, life skills, building upon personal self-esteem and in facilitating positive mental health. The majority of autistic adults are unemployed. Many of those in employment are in part-time employment, under-employed, in jobs with limited working hours, and in low skilled work compared to their abilities, expertise and level of education. This project will take a mixed methods approach, in order to understand the barriers to employment, the experiences of those in employment, with the aim of developing intervention toolkits. Using participatory research methods, perspectives will be taken from autistic people and a range of employer stakeholders, in order to understand autistic people’s experiences at work, barriers to employment, the needs of the autistic person in terms of both managing difficulties and also bringing out strengths, and how employers can best address those needs in order to have better employment outcomes.

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When submitting your application for this project area, please select the option ‘Psychology, PhD’ from the drop-down list on the online application system.