If you have a cough, or fever, or shortness of breath and have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau
- Vietnam
- Cambodia
- Laos
- Myanmar
- Northern Italy (north of Pisa)

Stay indoors and phone your GP or NHS 24 (111) for advice

If you have returned from these specific areas:

- Iran
- Specified towns in the Lombardy and Veneto regions in Northern Italy
- Daegu or Cheongdo in South Korea
- Hubei province (returned in the past 14 days)

Make your way to your residence. Stay indoors and call the helpline on 0800 028 2816 even if you do not have symptoms.

Visit NHSInform.scot for more information